

EMPOWERMENT | SELF - LOVE | SUCCESS

THE RISING DIVA

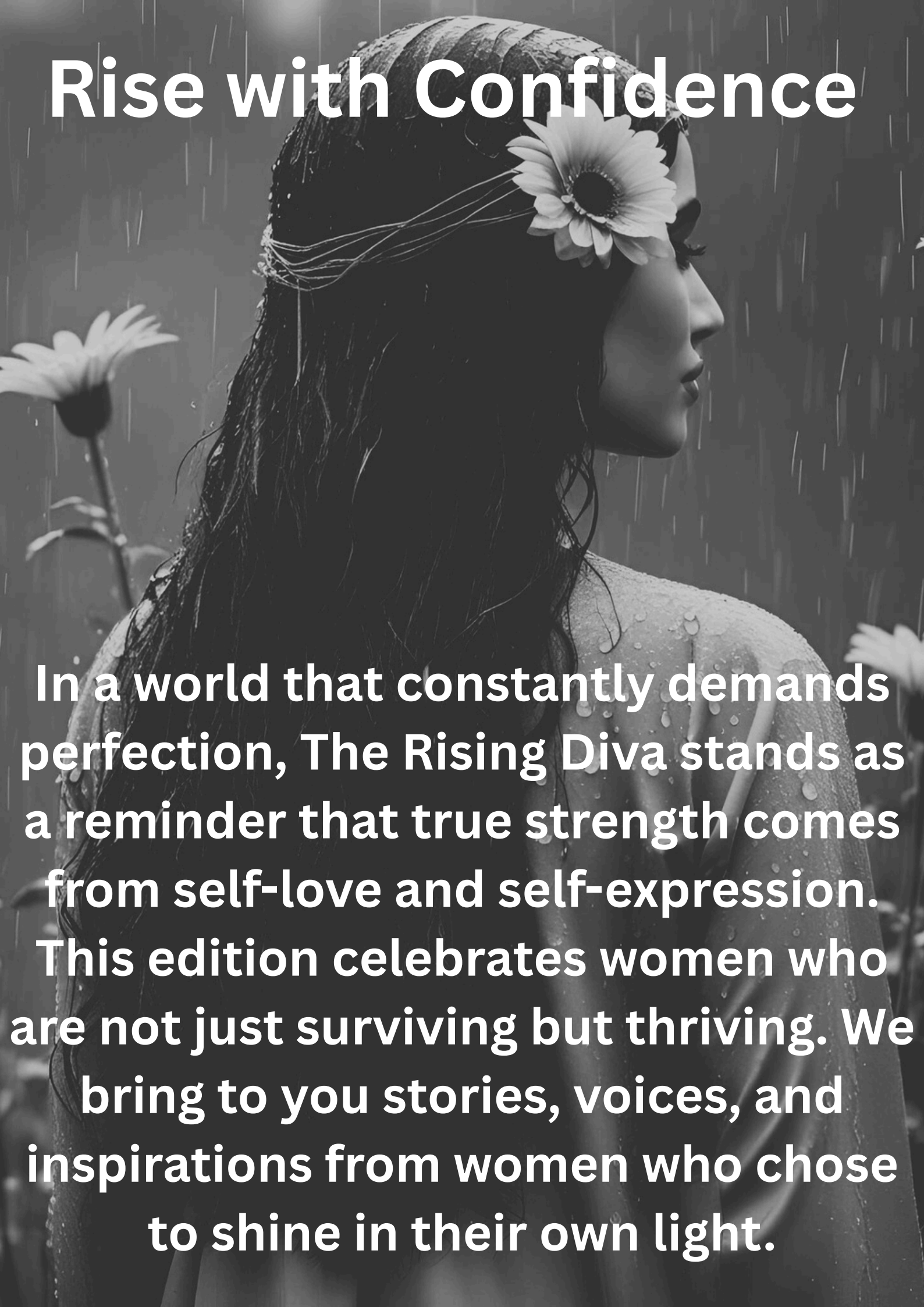
**SHAMPA SAMANTA
PALIT**

FOUNDER | THE RISING
DIVA
CREATING PATHS,
BREAKING BARRIERS

**INAUGURAL
EDITION | 2025**



Rise with Confidence



In a world that constantly demands perfection, The Rising Diva stands as a reminder that true strength comes from self-love and self-expression. This edition celebrates women who are not just surviving but thriving. We bring to you stories, voices, and inspirations from women who chose to shine in their own light.

About The Founder | Her Voice, Her Vision



✦ Meet the Woman Behind The Rising Diva

Mrs. Shampa Samanta Palit
Founder | The Rising Diva
Women's Growth &
Passionate Explorer | Educator | Author

The Rising Diva was founded by a woman who chose courage over comfort and purpose over popularity.

Mrs. Shampa Samanta Palit is a solo traveler and passionate trekker, who believes in discovering not just new places but new strengths within herself. She proudly holds the titles of Mrs. India Kohinoor 2022 (Winner) and Mrs. Banaras 2022 (Diamond Winner), earning her place on the national stage with dignity and determination.

A celebrated choreographer and a powerful motivational speaker, she uses creativity and words to inspire women to rise above limitations and celebrate their individuality.

As the author of the acclaimed Hindi poetry collection “Shabdon Mein Stree”, she brings women’s voices to the forefront—raw, real, and revolutionary. Deeply rooted in her culture, she gives first priority to Hindi, while still embracing global expression.

Through The Rising Diva, she continues her mission—to empower every woman to recognize her worth, raise her voice, and rewrite her own story.

Dear Readers,

Welcome to the first edition of
The Rising Diva Times. This
magazine is more than just
pages it's a movement. It's for
every woman who dreams,
dares, and does. Through these
stories, we hope you feel
inspired, motivated, and most
importantly seen.

With love,
Shampa Samanta Palit
Founder, The Rising Diva





Our Vision

TO CREATE A WORLD WHERE EVERY WOMAN
BECOMES HER OWN POWER.

WE ENVISION A COMMUNITY WHERE WOMEN
UPLIFT EACH OTHER, TURN THEIR DREAMS INTO
ACTION, AND SHINE WITHOUT NEEDING
VALIDATION.

A PLACE WHERE A WOMAN BECOMES HER OWN
VOICE, HER OWN BRAND, AND HER OWN
INSPIRATION.



Our Mission

**To awaken the fearless, creative,
and confident woman within every
woman.**

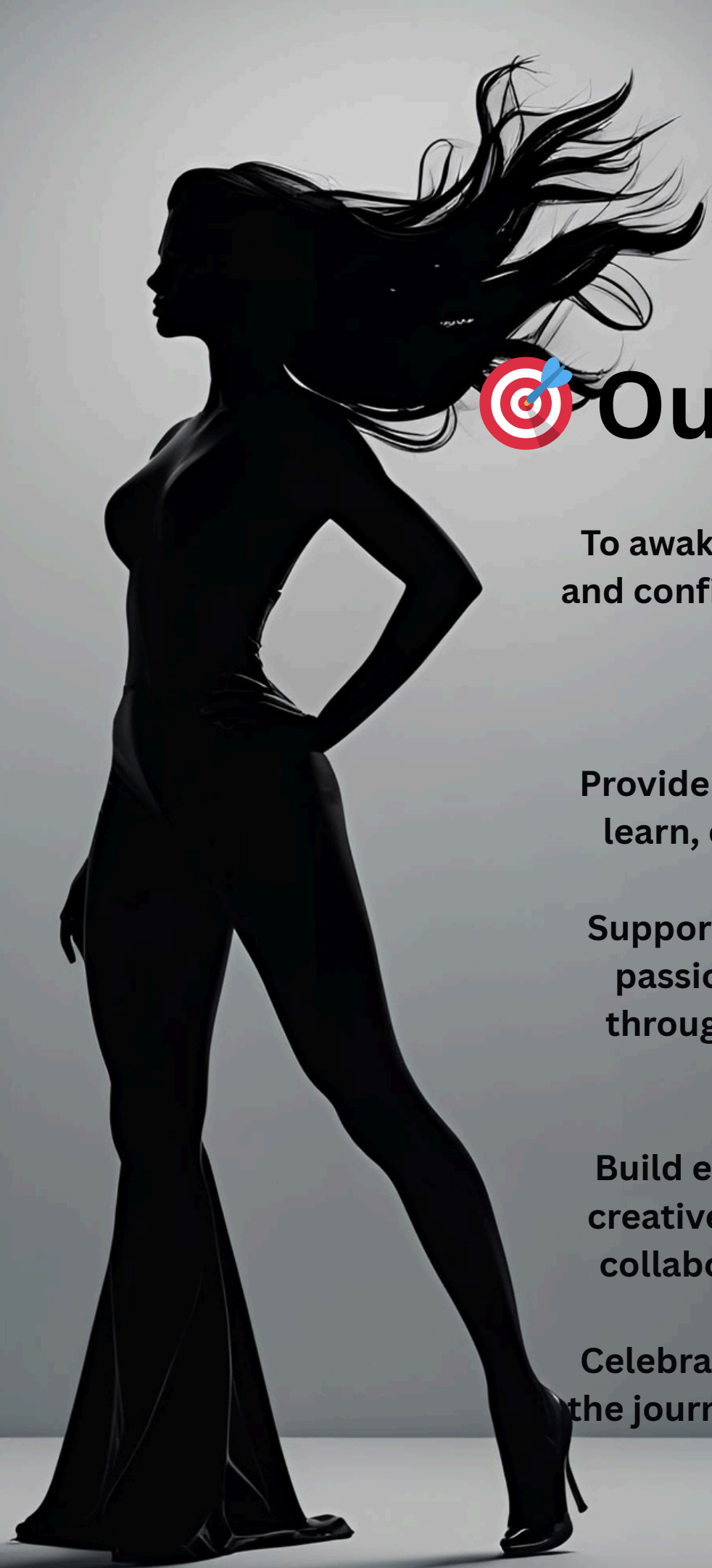
We are here to:

**Provide platforms where women
learn, earn, express, and lead.**

**Support women in turning their
passion into profession be it
through skills, storytelling, or
selling.**

**Build emotional, financial, and
creative independence through
collaboration and community.**

**Celebrate not just success — but
the journey, the fight, and the rise
of every woman.**





Our Services

◆ Workshops & Training

Dance & Choreography

(Stage/Folk/Modern)

Motivational Talks & Personality

Development

Solo Travel, Trekking & Mindset

Coaching

Content Creation & Confidence Building

Course Launch Support (You teach, we support)

◆ Product & Talent Marketplace

Sell Your Products (Crafts, Dresses, Art etc)

Offer Your Courses & Get Paid

Bookings for Makeup Artists,

Choreographers, Designers & More

◆ Creative Support

Poetry, Storytelling & Open Mic Events

Book Publishing Help & Branding

Hindi Literature & Culture Promotion

Susmita - A Warrior in Pink



Susmita, a cancer warrior, has turned her pain into power. With her positive spirit, she's helping hundreds of women find strength in the darkest of times. She proves that bravery wears many colors — and pink is one of them.

★ Featured Diva of the Month ★

Inspiring Stories. Real Women. Endless Possibilities.

Each month, The Rising Diva celebrates one powerful woman who dares to rise, shine, and inspire.

Next time, it could be YOU. Whether you're an entrepreneur, artist, homemaker, or fighter — your story matters.



If you'd like to mention how to get featured (especially if you plan to change), you can also add:

- > ✨ Want to be our next Featured Diva? Share your journey and shine with us. (DM us or apply now – Limited spots available!)

infoadmin@therisingdiva.com

The Diva Desk: Self-Love Corner

- **5 Daily Affirmations to Empower Your Morning**
- **How to Practice Mirror Therapy**
- **Building Confidence Through Small Wins**





5 Daily Affirmations to Empower Your Morning

Curated by: Sarah Malhotra – Life Coach & Positive Speaker

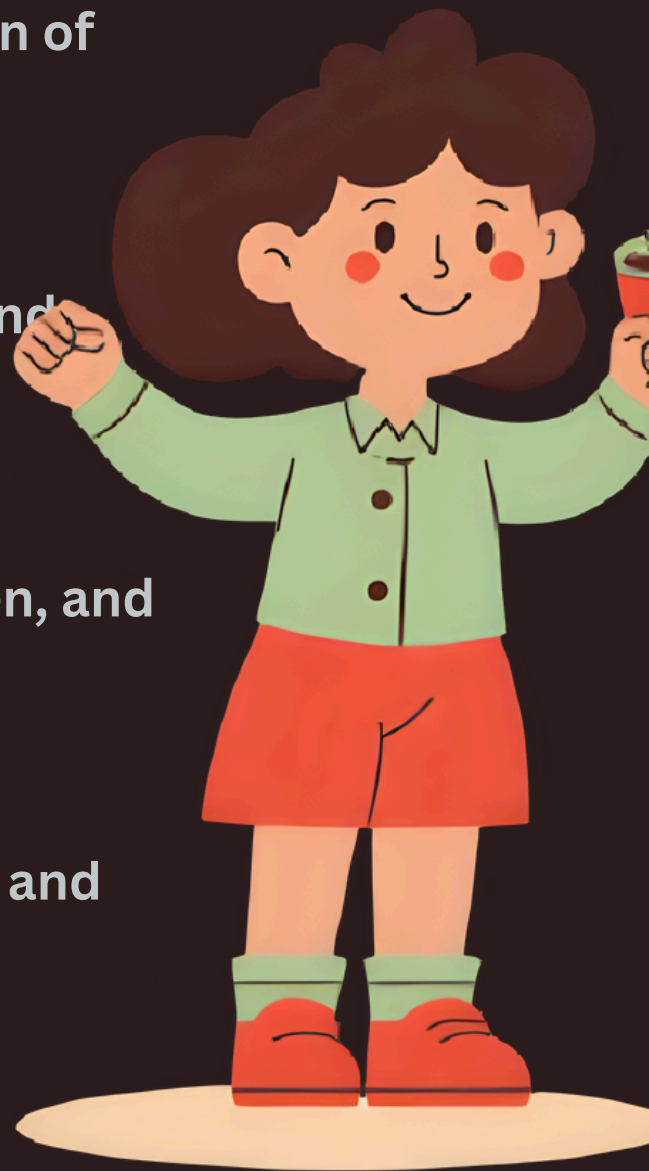
1. I am in charge of how I feel today, and I choose happiness.

2. I am becoming the best version of myself every single day.

3. I trust the timing of my life and welcome new opportunities.

4. My mind is clear, my heart is open, and my soul is aligned.

5. I radiate confidence, strength, and self-respect.





HOW TO PRACTICE MIRROR THERAPY



**Shared by: Dr. Meera Sinha – Mental
Wellness Coach & Self-Love Advocate**

Mirror therapy isn't just about seeing your reflection – it's about connecting with your true self. Here's a simple guide to help you get started:



Step-by-Step Guide:

1. Find a Quiet Space:

Stand or sit comfortably in front of a mirror where you can see your face clearly.

2. Look Into Your Eyes:

Gently gaze into your own eyes. This might feel uncomfortable at first — stay with it.

3. Speak with Kindness:

Say affirming, positive things aloud, such as:

“I am proud of who I am.”

“I am enough just as I am.”

4. Be Honest, Be Present:

Talk to yourself with honesty and love. Let out feelings, even tears if they come. You're healing.

5. Repeat Daily:

Just 5 minutes a day can create lasting change in your mindset and emotional health.

 **Mirror therapy helps rebuild confidence, self-worth, and emotional strength. Give yourself the gift of connection — with yourself.**

Building Confidence Through Small Wins

Shared by: Aarav Mehta – Motivational Speaker & Confidence Coach

Confidence isn't something you're born with – it's something you build. And the best way to build it? Small wins.

 Here's how small wins make a big impact:

1. Start with One Simple Task:

Make your bed. Drink water. Finish one page of a book. These tiny actions create a sense of achievement.

2. Acknowledge Your Efforts:

Don't wait for someone else to clap for you. Appreciate your own progress.

3. Track Your Progress:

Keep a "Win Journal." Write down one small success every day. You'll be amazed how they add up.

4. Stay Consistent, Not Perfect:

You don't have to do big things perfectly – you just have to keep showing up.

5. Let Your Wins Build Your Belief:

Every small success whispers, "I can do this." Let that voice grow louder.

 **Remember: Confidence isn't built in a day – it's built every day.**



Client Shoutouts

“The Rising Diva changed how I see myself. I finally feel heard.” – Aarti Sharma

“Their team is not just talented, they’re soulful.” –
Rina Das

Upcoming Events

- **August 15th: Independence Inside Out (Empowerment workshop)**
- **September 5th: Teachers of Life (Live storytelling session)**



Want to be Featured?

**Send us your story, art, poem or
journey to: **

therisingdiva.mag@gmail.com

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Facebook – @TheRisingDivaOfficial
#ShineUnapologetically
#TheRisingDiva**



Diva's Magzine

June 1st

